

**Foresthill Divide School**  
Be Safe  
Be Respectful  
Be Responsible

January, 2019  
Volume 1, Issue 1



# Mt. Lion Weekly

## PRINCIPAL'S CORNER

### WHAT IS VAPING:

**The good news:** Fewer middle schoolers are smoking cigarettes. The bad news: More tweens are vaping, or using electronic cigarettes. Here's what you need to know.

**What it is:** Electronic devices are used to inhale vapor that usually contains nicotine. Vaping appeals to kids because it comes in flavors like cotton candy or bubble gum. The devices are often small and easy to hide—some even look like flash drives and can be plugged into laptops to charge.

**Why it's dangerous:** Nicotine is addictive, and it harms growing brains and lungs. Because of the newness of this type of inhalant the verdict is still out on what additional damage the chemicals could cause.

**What you can do:** Don't allow any type of smoking, and let your child know the consequences if she/he breaks this rule. Also, be on the lookout for signs of vaping, such as giant clouds of vapor or unexplained odors. And search for images of e-cigarettes online so you'll know what they look like.

### UPCOMING DATES

#### January:

21st—No School—MLK Jr. Day

25th—Blood Drive at FHS 8:30-1:30

#### February:

1st—Father/Daughter Dance

14th—PTO Meeting 3PM

### WEEKLY SPORTS

Boys Basketball

15th—@ Home VS Weimar

17th—@Home vs John Adams

## FUN FACT

**There are 293 ways to make change for a dollar!**

### PARKING LOT SAFETY

As a review, please remember that we all must work together to ensure the safety of our families as we move in and out of the school parking lot. Here are a few reminders of the safety rules for our parking lot and bus loop.

1. Do not park in a handicapped spot if you do not have a handicap placard.
2. Do not park near the bus loop gates as you block the sight line for bus and van drivers
3. Please use the crosswalk when coming on campus and when exiting campus.
4. Pull up as far as you can when you are in the pick-up/drop-off loop.
5. Please do not use your cell phone while in the loop.
6. There is no parent pick up or drop off in the bus loop.
7. Students walking home and needing to cross Foresthill Road are to get on a bus. The bus will pull out of campus and drop them off across the street.

## FUSD Employment Opportunities

\*Human Resource Specialist (Salary Range \$19.88-\$26.44)

\*Kids' Club Instructional Assistant (Starting Salary \$12.00)

**Please Apply online at [www.edjoin.org](http://www.edjoin.org)**

### YEARBOOK SALES

Yearbooks are officially on sale now!!!

Pick up your order forms in the office and capture your child's memories today. Please email [APERES@FUSD.ORG](mailto:APERES@FUSD.ORG) with any questions.

### DADDY/DAUGHTER DANCE—February 1st

Calling all TK-8th grade ladies! Grab your dads, ties and tiaras...come dance the night away. Pre-sale tickets are being sold now for \$10.00 or pick them up at the door for \$15.00. Door prizes available! Buy the raffle tickets when you arrive at the dance. Food and drinks are also available for purchase. All proceeds go to 7th grade over night field trip to the Monterey Bay Aquarium. Please contact Mrs. Everett at 367-3782 ext 145 for more information.

### TK-KINDER ROUND-UP—April 5th

New kids, new minds! We are soon enrolling your new littles. Packets will be ready February 1st, in the office, for pick up. Please be sure to read through the whole packet to ensure an easy enrollment process. Round-up is scheduled for April 5th from 2:30-5:30pm.



### WEEKLY LUNCHES

Monday—No School

Tuesday—Nachos

Wednesday—Mandarin Chicken

Thursday—Cheeseburger

Friday—Penne Pasta Casserole

### REMINDERS

- ◇ 6th Grade Reminder — Turn Donations in For Science Camp
- ◇ Please remember to call in any transportation/pick-up instructions before 12:00pm daily.
- ◇ There are a lot of items in the lost and found. Please come take your missing items!