

Social Emotional Health Module

SUPPLEMENT 1

75. Do you get along or work well with students who are different from you?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
76. Do you enjoy working with other students?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
77. Do you try to understand how other people feel?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
78. Do you feel bad when someone else gets their feelings hurt?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
79. Do you try to understand what other people go through?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time

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80. Do you feel thankful to go to your school?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
81. Do you listen to other students' ideas?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
82. Do you keep trying to solve math problems, even when they are really hard?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
83. Can you do most things if you try?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
84. Do you try to work out your problems?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time

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85. Are there many things you do well?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
86. Do you know where to go for help with a problem?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
87. Do you try to work out your problems by talking or writing about them?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
88. When you need help, do you find someone to talk with about it?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
89. Are you thankful when you get to learn new things at school?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time

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90. Do you try to help other students who feel lonely at school?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
91. Do you get really excited when you learn something new at school?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
92. When you have a problem at school, do you think it will get better in the future?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
93. Are you thankful to have nice teachers at your school?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
94. Do you expect that you will feel happy during classtime?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time

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95. Do you wake up in the morning excited to go to school?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
96. Do you feel thankful that you have friends at your school?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
97. Do you feel positive that good things will happen to you at school?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
98. Are you full of energy and excitement when doing physical activities at school?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
99. Do you get excited about your schoolwork?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time

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100. Do you feel positive that you will have fun with your friends at school?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
101. Do you say “thank you” when someone helps you at school?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
102. Are you full of energy and excitement during recess of free time at school?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time
103. Do you get excited when you are doing your classwork?
- A) No, never
 - B) Yes, some of the time
 - C) Yes, most of the time
 - D) Yes, all of the time

Please tell us how true each statement is for you.

104. I have a friend my age who really cares about me.
- A) Not at all true
 - B) A little true
 - C) Pretty much true
 - D) Very much true

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105. I have a friend my age who helps me when I am having a hard time.
- A) Not at all true
 - B) A little true
 - C) Pretty much true
 - D) Very much true
106. I have a friend my age who talks with me about my problems.
- A) Not at all true
 - B) A little true
 - C) Pretty much true
 - D) Very much true

For the next questions, please think about your learning in general.

107. Challenging myself won't make me any smarter.
- A) Not at all true
 - B) A little true
 - C) Pretty much true
 - D) Very much true
108. There are some things I am not capable of learning.
- A) Not at all true
 - B) A little true
 - C) Pretty much true
 - D) Very much true
109. If I am not naturally smart in a subject, I will never do well in it.
- A) Not at all true
 - B) A little true
 - C) Pretty much true
 - D) Very much true